



June MX4 Schedule



SHANNON HEALTH CLUB

SUNDAY

MONDAY


















TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1.  9am – Kylie 10am - Sarah
2.	3.  5:30am - Mallory	4.  5:30pm – Michael	5.  5:30pm - Sarah	6.	7.	8.  9am – Kylie 10am - Sarah
9.	10.  5:30am - Mallory	11.  5:30pm-Michael	12.  5:30pm - Sarah	13.	14.	15.  9am – Kylie 10am - Sarah
16.	17.  5:30am - Mallory	18.  5:30pm-Michael	19.  5:30pm – Sarah	20.	21.	22.  9am – Kylie 10am – Sarah
23. <hr/> 30.	24.  5:30am – Mallory	25.  5:30pm-Michael	26.  5:30pm - Sarah	27.	28.	29.  9am – Kylie 10am - Sarah



CLUB HOURS:

MON – FRI
FRI: 5:00A – 8:00P
SAT: 8:00A – 7:00P
SUN: 12:00P – 7:00P
325-747-2582

NURSERY HOURS:

MON-FRI
8:00A – 1:15P
4:00P – 7:30P
SAT: 8:00A - NOON
SUN: 3:00P – 6:15

MX4 Packages:

1 session: \$10 5 Sessions: \$45 10 Sessions: \$80